



**Health and Wellbeing  
Genetic Panel**

**Carb Choice / AMY1**

# **Personalised Genetic Profile Testing**

Personalised genetic profiling unlocks your potential for optimal health and wellbeing. Combined with a customised treatment plan we can assist you in addressing specific healthcare issues, including but not limited to:

- Fat metabolism and weight management
- Diabetes and insulin resistance
- Cardiovascular health and cholesterol regulation
- Bone health
- Hormone regulation
- Thyroid function
- Sleep pattern
- Relief from joint pain
- Healthier aging
- Menopause balance
- Hypertension – Blood pressure

